## Finch & C°



## TWO SETS OF TIBETAN MANTRA ROSARY BEADS

TWO SETS OF TIBETAN MANTRA ROSARY BEADS MADE OF SACRED 'RUDRA' FRUITS , WITH AN OLD VELLUM LABEL READING : 'TENGA , THIBETAN ROSARY . MADE OF FRUITS OF THE €ŒRUDRA€ ; A SACRED PLANT ; SINGLE FRUITS ARE USED AS CHARMS AND CARRIED AROUND THE NECK IN SILVER CASES . FROM A LEPCHA , MUNGPU , SIKKIM INDIA 1905'

LATE 19 TH CENTURY SIZE : 61 CMLONG – 24 INS LONG 147 CMLONG – 58 INS LONG

## LITERATURE

EVERY TANTRIC SADHANA, OR DAILY MEDITATION PRACTICE, INCLUDES A PHASE INVOLVING MANTRA RECITATION AND THE ROSARY IS USED AS A COUNTER. THE PRACTITIONER COMMITS HIMSELF TO RECITING A NUMBER OF 'ROUNDS' OF MANTRAS EACH DAY AND THE BEADS ARE USED TO COUNT THESE.

IN FORMAL BUDDHIST MONASTIC RETREATS THE MEDITATOR DETERMINES TO COMPLETE HUNDREDS OF THOUSANDS AND SOMETIMES EVEN MILLIONS OF MANTRA RECITATIONS IN ORDER TO ACHIEVE A HIGHER SPIRITUAL PLANE.